



Alpha Academy Curriculum Outline

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Mission Statement

Committed to enhancing the educational development, culture awareness, and social development of young minority students in the Charlotte community, Alpha Academy is dedicated to providing students with: sound educational instruction, a positive learning environment, mentorship, basic computer/internet training, college preparation are among many disciplines covered in our high school curriculum.

Students who participate in Alpha Academy come from various backgrounds in the Charlotte community, with different levels of career goals and educational ability. The goal of the academy is to inspire students to become productive citizens, graduating from high school and to track the progress of those students who plan to continue their education after high school at a college or university.

Alpha Academy seeks to attract Minority high school sophomores, juniors and seniors from the Charlotte-Mecklenburg community. This would allow the students to be apart of the academy up to three years and allow the academy staff to track the effectiveness of the academy on the students lives and progress the students have made over the course of one year to another. Alpha Academy would like to present them to the community as Jr. Beaus during their junior year and as Alpha Beaus during their senior year.

A central mission of Alpha Academy is to provide an avenue to assist young men in achieving, academic success, social development, leadership development and cultural awareness which will prepare them to become productive members of society. To achieve this mission, the academy is operational under the guardianship and direction of the **Beta Nu Lambda Foundation, Inc which is a 501 © 3, Non Profit Organization** and volunteers from the Beta Nu Lambda Chapter of Alpha Phi Alpha, Fraternity, Incorporated and the community. The volunteers have degrees in various disciplines, such as Education, Business, Engineering, Management, and the different sciences.

An important mission of the academy is to use its resources to provide the African American Community of Charlotte with cultural enrichment, which will allow students to understand their heritage along with others. Another mission is to provide mentorship for these young men to assist with their growth and development. The academy will also fill gaps in social development that the home and the school environment cannot provide. This will make for a better overall quality of for the students, parents, educators and the community at large.



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Overview

This document outlines Alpha Academy, a service of the Beta Nu Lambda Foundation, Inc.

"To provide an avenue to assist young men in achieving academic excellence, social development and cultural awareness in an effort to help them become productive members of society." – Alpha Academy Mission Statement.

Alpha Academy began in January 2002, with the mission of assisting young African American males in the Charlotte-Mecklenburg community become productive citizens. The first class of the academy had nine students. The Beta Nu Lambda Foundation, Inc supports the academy that is a board of volunteers from the Alpha family. The purpose of the academy is to expose the students to educational, social, and cultural experiences that will help them understand their surroundings and the resources available to help them become productive citizens and community advocates. Specifically, students completing the academy will be able to: display basic computer and internet skills, find the different cultural resources in their communities, be aware of the different educational opportunities available, manage their finances and identify and apply for different funding available for college, explore different career options and requirements for each, and understand different social settings and how to interact in each environment. The group meets two Saturdays each month from September until May typically between the hours of 10 am to 2 pm. (Please review Program Calendar for times and dates.) The program culminates with a selected group of the students attending the Southern Regional Leadership Development Citizenship Educational Institute, and the presentation of the juniors and seniors at the annual Alpha Beautillion.



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Summary

Phase I, *the planning phase*, begins in June. The objective of the planning phase is to review the curriculum and decide which modules will be conducted during the next session of Alpha Academy. The planning phase consists of reviewing subject matter, which will be apart of the session, lesson plans for each, drafting a proposed budget for the next year and the resources needed for each module. The planning phase normally last from June and runs throughout the year due to necessary changes that are needed to insure quality of all programs.

Phase II, *the Selection phase*, begins in August, with a briefing to Charlotte Mecklenburg Public Schools. Applications are then mailed out in mid August with a due date. A selection board made up of financial members from the Beta Nu Lambda Education Committee will review the applications returned prior to the due date and select students for Alpha Academy prior to the third week of September. Once selected, acceptance letters will be mailed out informing students and parents that they have been selected to participate in the program and where the mandatory introduction session will be held.

Phase III, *Module Execution*, will be held twice a month from September until June of the preceding year on Saturdays with some Saturdays being consecutive. Each session will include tutoring and module execution. Lunch will be served at each session. After each module, a survey will be completed to measure the effectiveness and determine how each module can be improved.

Phase IV, *Mentorship* section will include one-on-one mentorship between a trained member of the Beta Nu Lambda Chapter of Alpha Phi Alpha, Fraternity Incorporated and a participant of Alpha Academy. There are guidelines that each mentor and student must follow along with being required to spend up to six hours per month with his assigned mentor outside of the regular scheduled Alpha Academy sessions. A status report must be submitted monthly. This report will serve as measuring component of the mentor/mentee relationship over the course of the program.

Phase VI, - Leadership Development Citizenship Institute (LDCI). At the end of each year, some of the students will attend the LDCI.

Phase VII, - Academy Development Curriculum, - *Educational Development* - "Taking students enrolled in the academy and increasing their knowledge and study skills. Equipping students with essentials which are needed to ensure high school and college success."

Phase VIII, - Academy Development Curriculum, - *Social Development* "Taking students enrolled in the academy and provide training that will allow the students to understand what society expects of them to become productive citizens."

Phase VIII, - Academy Development Curriculum, - *Cultural Awareness* - "Taking students enrolled in the academy and introducing the students to different ethnic background in an attempt to give the students a better understanding of other cultures."



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Phase X, - Academy Development Curriculum, - *Health Awareness* - "Requiring students to participate in Project Alpha which educates teenagers about preventative measures that should be taken to eliminate teenage pregnancy, STD's and HIV/AIDS."

Time Table / Academy Schedule

Alpha Academy	Event Title
September	Introduction Session
October Session I	Computer Concepts
October Session II	College Fair – Information
November Session III	College Tour
November Session IV	Study Skills / Test Taking
December Session V	Public Speaking
December	Church Visit with the Alphas
Week of December Session VI	Career Day Mentor should arrange for students to shadow him at work for a minimum of 4 hours one day this week.
January Session VII	Optional Day to hang out as a group. Recreational Event
January Session VIII	MLK Parade (Group to Participate)
January Session VIII	Dress for Success
February Session X	Dining Etiquette
February Session XI	Money Matters (Smart Spending)
March Session XII	Volunteer Project
March Session XIII	Physical Challenge
April Session XIII	Cultural Awareness – "Understanding African American History"
April Session XV (Mandatory attendance required)	Participants at Project Alpha
May	Alpha Beautillion...
June	Graduation Ceremony Luncheon (Announce Leadership Participants & Award Scholarships)
July	Leadership Institute



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Academy Educational Development Curriculum

a. EDUCATION

Session I – Computer Concepts

MODULE: Computer Concepts

OVERVIEW:

The computer and Internet concepts module will provide the student with a basic understanding of the different components of the computer. Once each student has a basis understanding of the computer, students will be introduced to the Internet, E-mail, and Microsoft programs: Excel, Word, Power Point, and Excess.

PURPOSE: Students will be introduced to the components of the computer, and standard software available.

OBJECTIVES: Students will be able to:

- Identify major component of a personal computer
- Access and/or create an e-mail address
- Compose and send an email via the Internet
- Use basic features of Microsoft Word, Excel, and PowerPoint
- Gain an understanding of the importance of the computer in the electronic age.

Session II & III – College Fair and College Tour

MODULE: College Fair and College Tour

OVERVIEW:

Being a college graduate today is as important as being a high school graduate in the 60's it is mandatory. It is very important that these young men become exposed and knowledgeable about college and why it is so important. Our national organization has adopted the slogan, "Go to High School, Go to College." and we continue to uphold that belief with these young men.



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PURPOSE: Students will be introduced a college campus. They will have the opportunity to speak wit college recruiters, faculty members and current students.

OBJECTIVES: Students will be able to:

- Know the basic standards needed for admission to local colleges and university
- Understand the importance of graduating from a college or university
- Understand the investment that is being made when they attend college
- Obtain exposure to cultural differences that will prepare them for the transition from high school to college

Session IV – STUDY SKILLS / TEST TAKING

Model: Study Skills and Test Taking:

OVERVIEW:

Tutorials for the academy will be divided into two categories.

The first category will be for students gaining an understanding and appreciation for study skills; i.e. how to study and when to study. This will be conducted the first two hours of the session.

The second category will prepare students for test taking techniques. They will receive help in understanding the different types of test and how to prepare for each of them.

PURPOSE: To improve and identify weaknesses students have with proper ways of studying and test taking.

OBJECTIVES:

- Students attitudes about taking tests will change
- Students will understand basic study techniques
- Students will know how to study for different types of tests.
- Students will become familiar with resources that will assist with practice tests/exams.



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Session V – Public Speaking

MODULE: Public Speaking / English “read-to-lead”

OVERVIEW: Reading more than anything gives us a common starting point in relating to each other. This module will encourage students to read more.

The students will understand the advantages of reading such as better speaking habits and proper English skills. They will also understand how reading can help improve performances in other subject areas.

PURPOSE: Introduce students to the importance of reading and how one can better relate to each other through reading.

OBJECTIVES:

- Know how to find and select reading topics
- Understand the importance of reading
- Understand proper public speaking skills
- Understand proper English

Session XI – Money Matters

MODULE: Money Matters – Financial Management

OVERVIEW: Students will be shown how to effectively manage their finances. Students will be given a detailed plan by a certified financial planner, which will allow the students to see what it takes to develop a sound financial plan.

PURPOSE: The students will be introduced to the advantages of good financial planning and what can happen when a good financial plan is not developed.

OBJECTIVES: Students will

- Understand the importance of sound financial planning
- Understand the consequences bad financial planning
- Be able to develop a sample financial plan
- Know where to get help with financial planning



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b. SOCIAL

Session VI – CAREER DAY

MODULE: Career Day / Exploration

OVERVIEW: Students will be introduced to the different careers available to them in America. Students will be introduced to the leading careers here in Charlotte area. Students will be exposed to international opportunities that will help in cultural growth. Students will know what it takes to enter into a profession and the compensations each career offers.

PURPOSE: Students will be introduced to different careers opportunities available in Charlotte, America, and Internationally. They will also gain an understanding of requirements for each.

OBJECTIVES: Students will be able to:

- Be introduced to the different careers in the Charlotte area
- Understand careers in America and Internationally and requirements for each
- Conduct research, using the Internet, on a career of their choice and give an oral report on the career.
- Identify 5 careers that they would be interested in and the requirements for each.

Session VIII – Dressing for Success

MODULE: Dressing for Success

OVERVIEW: Students will be introduced to different dress styles. The styles the students will be introduced to will be business, social, and school dress styles. The students will also be introduced to things that can be done to improve and have good personal hygiene and grooming.

PURPOSE: Students will be introduced to what is an acceptable dress styles in different settings. Introduce the students to proper hygiene and grooming.

OBJECTIVE: Students will

- Understand the appropriate dress styles for different settings



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- Know what is considered proper and good personal hygiene according to the culture in America

Session X – Dining Etiquette

MODULE: Dining Etiquette

OVERVIEW: In society, everyone is expected to know the proper etiquette to display when eating in a public setting. Students will be introduced to the proper way to dine in a social setting.

PURPOSE: Students will be introduced to the proper way to dine in a public setting.

OBJECTIVE: Students will

- Be able to identify the different utensils used in a dining situation
- Be able to properly select and use the correct utensil in a formal setting
- Understand and name the rules of proper dining etiquette

Session - Leadership Institute

MODULE: Southern Region Citizenship Leadership Development

OVERVIEW: The Program is designed to develop the leadership ability of the students. The students can take what they learn from the conference and better their schools and community.

PURPOSE: To develop the student's leadership ability through lectures and exercises that can be used in their schools and local communities.

OBJECTIVE: Students will

- Be able to identify their strengths and weakness
- Know how to work with others to accomplish a goal
- Understand the importance of strong positive leadership in their schools and communities



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c. CULTURAL

Session VIII – MLK Parade

MODULE: MLK Parade

OVERVIEW: We recognize the MKL holiday by marching in a parade in his honor. The participants will be asked to participate in this event and taking their place in respect of the Honorable Dr. Martin Luther King, Jr.

PURPOSE: Students will be introduced to the history and achievements of MKL and remember him by marching through the streets of Uptown Charlotte.

OBJECTIVE: Students will

- Understand the importance of MKL Day and what it stands for.
- Understand the achievements of MLK
- Be able to speak publicly about the importance of this man and this day.
- Give the Black History Minute each Friday during black history month at his respected school.

Session XIII – Cultural Awareness

MODULE: “Understanding African American History”

OVERVIEW: The purpose of this program is to educate the students on the achievement of African American’s. The students will also be given the opportunity to deliver a message about African American History to his respected school after this session has been completed.

PURPOSE: Students will be introduced to the history and achievements of African Americans in America from the 1700s to present.

OBJECTIVE: Students will

- Understand the beginning of African Americans in The United States
- Understand the achievements of African American since the 1700’s



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- Be able to research a famous African American and give an oral report
- Give the Black History Minute each Friday during black history month

d. HEALTH

Senior Participation – Volunteer Project

MODULE: Provide Volunteer time at Healthcare Initiative

OVERVIEW: The students will volunteer in the capacity set by the planning committee for this event. Each student will be required to also attend a session and complete a short write-up on what they learned from the session

PURPOSE: To allow students to become more engaged about the healthcare matters that affect them directly and indirectly.

OBJECTIVES: Students will

- Understand the issues that men are faced with in regards to healthcare.
- Be able to provide a brief summary of what health issues they are most at-risk to have.
- Understand how important it is to educate other men about the conditions that may be harmful to them

Session XIII – Physical Challenge

MODULE: Leadership (ROPES) Course

OVERVIEW: The students will be broken into teams and will have to negotiate certain obstacles. The students will have to work together as a team to negotiate each obstacle. Students will understand the importance of teamwork in accomplishing their goals.

PURPOSE: Students will be introduced to the importance of teamwork in accomplishing goals in life.

OBJECTIVES: Students will

- Understand how to use everyone on the team to accomplish a goal
- Students will write up goals for himself and learn how to apply them to everyday life experiences



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- Learn how work as a team member in helping others achieve their goals
- Recognize the importance of understanding others point of view or opinion
- Be able to successfully negotiate obstacles

Session XV – Project Alpha

MODULE: PROJECT ALPHA

OVERVIEW: Project Alpha is a collaboration effort between the March of Dimes Foundation and Alpha Phi Alpha Fraternity, Inc.

PURPOSE: This program was developed to increase the knowledge of the African-American male/female of the consequences of teenage pregnancy from the male perspective. This program seeks to assist young men in developing an understanding of their role in preventing untimely pregnancies through responsible attitudes and behaviors.

OBJECTIVE:

- Reduce the rate of adolescent sex and pregnancy
 - Stress the concept of abstinence as a personal choice while promoting the use of contraceptives to those that choose to be sexually active
 - Increase the knowledge of anatomy and physiology of the human body and the awareness of sexually transmitted diseases
 - Clarify and emphasize the roles and responsibilities of fatherhood
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Mentorship



Alpha Academy Mentoring Program

"By learning you will teach, by teaching you will learn." --Latin Proverb

Mentoring is a personal enhancement strategy through which one person facilitates the development of another by sharing known resources, expertise, values, skills, perspectives, attitudes and proficiencies. It allows the learner to build skills and knowledge while attaining goals for development. Conversely, it provides the opportunity for the experienced individual to further enhance his/her skill and knowledge areas by continuously reassessing and building upon those areas.

The Alpha Academy mentoring program will pair a high school male academy participant with a member of the Alpha Brotherhood. These mentors will adhere to a curriculum that will allow for personal, educational, and social enhancements. Our mission is to assist young men in achieving academic excellence, social refinement and cultural awareness in an effort to help them transition from high school graduates to college graduates. Even though the program is designed to last three years, the objective is to build lasting relationships that will continue through college and into adulthood.

Mentoring Timeline:

The program should begin in the fall, (August or September) coinciding with the beginning of the school year. Acceptance into the program is reserved for male sophomores, juniors and senior high school students. There are other requirements that may be reviewed within the application packet. The program consists of three distinct phases: 1) Personal and Social Development (sophomore); 2) Economic Development and College Preparation (Junior); 3) College Preparation and Responsibilities (Senior).

Mentor Expectations:

Brotherhood /-/ Mentor Expectations:

Each brother participating in the mentorship program with (Alpha Academy) are of good character and carry many if not all of the following characteristics. Once active in college-wide leadership, someone who is enthusiastic about their job, family, and the life of others, active listener, good teacher, enjoys being



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helpful, good relations with colleagues, interest in learning from partner as well as guiding them, warm, and friendly.

Student' / Protégé Expectations:

In "Achieving Success with the Help of a Mentor," you'll learn how a mentor can help you guide your own career. You'll explore how to build a relationship with your mentor, from setting initial expectations to using effective communication skills. You'll discover what mentors expect of you and how to fulfill those expectations with a positive attitude, positive work habits, and ethical behavior. Finally, you'll learn how to manage your relationship with your mentor to a successful conclusion.

The Importance of Mentoring

- Recognize the importance of mentoring relationships.
- Identify advantages of being mentored.
- Select steps to establish a good mentoring relationship.
- Identify strategies a protégé can use to focus on career development with the help of a mentor.

Building a Strong Relationship

- Recognize benefits of building a strong mentoring relationship.
- Select appropriate strategies to build a rapport with a mentor.
- Select strategies to communicate effectively with a mentor.
- Choose effective ways to incorporate a mentor's feedback.

The Mentor's Expectations

- Recognize the importance of understanding the mentor's expectations.
- Identify strategies for staying positive in a mentoring relationship.
- Identify positive work habits to develop as a protégé.
- Apply methods to demonstrate ethical behavior in a given scenario.

Managing Your Relationship with Your Mentor

- Recognize benefits of effectively managing the relationship with a mentor.
- Select appropriate ways to use a mentor's network.
- Use techniques to work through mentoring challenges in a given scenario.
- Identify ways to end the mentoring relationship on a positive note.



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Mentor Responsibilities

Responsibility: Each brother participating in the mentorship program must complete a 2 hour training seminar.

Responsibility: Each brother participating in the mentorship program must present proof of liability insurance and must agree to a DMV record check.

Responsibility: Each brother participating in the mentorship program must complete a mentorship application and agree to submit an updated form upon any sudden changes that may be beneficial to this program.

Responsibility: Each brother participating in the mentorship program must be present at the introduction session of Alpha Academy for the duration of the program.

Mentor / Student Responsibilities

	Stage 1: Sophomore	Stage 2: Junior	Stage 3: Senior
Mentor Responsibilities	1) Attend Introduction Session to meet student & parents / Set up standing (1 time per month) meeting time with parent and student. 2) Set up meeting with parent, school counselor & student to develop an IPP for the student. 3) Conduct by weekly phone conversations to build the relationship with student in addition to presenting a monthly report on student's progress. 4) Assist student with Personal Development throughout the year. 5) Participate in community and school outings with student.	1) Continue all the obligations in Stage 1 in addition to the things highlighted in Stage 2. 2) Assist student in areas of Economic Development: Saving -vs.- Spending // Cash -vs.- Credit 3) Assist student with finding and signing up for practice ACT/SAT courses. 4) Ensure that student has taken ACT/SAT prior to the spring semester if the academic year. 5) Ensuring that scores have been sent to a minimum of 5 academic institutions.	1) Continue all the obligations in Stage 1 and 2 in addition to the things highlighted in Stage 3. 2) Begin Scholarship Research and ensure the student is signed up to take ACT/SAT during the fall. 3) Assist student with identifying at least 5 scholarships and writing scholarship essays in the fall. 4) Ensuring that College Applications are in the mail before February 15. 5) Conduct end of program meeting to discuss pros and cons of the mentoring program.



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Student / Protégé Responsibilities	<ol style="list-style-type: none"> 1) Receive mentoring assignment from mentor. 2) Prepare a list of goals and aspirations for the next three years. 3) Be willing to participate in events and work on development. 4) Conduct weekly telephone calls or e-mail conversations to further build the relationship. 5) Abide by the rules and regulations that are set by the Educational Activities Committee and participate in programs. 	<ol style="list-style-type: none"> 1) Continue all the obligations in Stage 1 in addition to the things highlighted in Stage 2. 2) Gain understanding of Economic Development: Saving -vs.- Spending // Cash -vs.- Credit 3) Be open to finding and signing up for practice ACT/SAT courses. 4) Be sure you have signed up for ACT/SAT prior to the spring semester if the academic year. 5) Contact mentor as needed to answer questions or relieve concerns. Participate in the Alpha Battalion. 	<ol style="list-style-type: none"> 1) Continue all the obligations in Stage 1 and 2 in addition to the things highlighted in Stage 3. 2) Be sure that you are signed up to take ACT/SAT during the fall. 3) Identifying at least 5 scholarships and finish writing scholarship essays in the fall. 4) Ensuring that College Applications are in the mail before February 15. 5) Participate end of program meeting to discuss pros and cons of the mentoring program. Participate in Alpha Battalion!
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Program Objectives

Objective 1: Ensure that the students are making the necessary steps towards successful fulfilling all requirements to graduate high school and become eligible for acceptance into college.

Each student will be paired with one brother who has graduated college and working in the professional arena for a minimum of one year. This will give the student the opportunity to share and interact with a fellow man that has traveled the road they are currently pursuing. The mentor should work to ensure that the student is on track using information provided in the diagram above. There are three stages that represent the three grade levels that are allowed acceptance into the program, which should be followed. It is vital that the mentor assist the student with gaining an understanding of the requirements of the program and to adhere to them. The mentor is responsible for an evaluation of the student's progress at the completion of each stage.

Objective 2: Build strong relationships between the mentor and the student.

By pairing mentors with students who share common interest, this program will foster new relationships for these young men that will continue far beyond college and into their professional lives. This will not only introduce the student to new surroundings but to greater opportunities through effective networking.

Objective 3: To continuously refine and improve the way the programs growth is documented.

This program shall be continually updated to ensure that the mentors and the chapter is doing all they can to prepare these young men for social, economical and professional success.



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Alpha Academy Mentoring Program

Alpha Brothers	Alpha Brothers	Alpha Brothers
	Reserve Mentor	Reserve Mentor

Alpha Beautalion

Budget
